



Nepal



Manaslu (8156m)

# Ascent of Manaslu Peak (8156m), Nepal, with a helicopter to/from Base Camp. Full service. High-altitude Sherpa - for each member

Group

**6-10 pax**

Duration

**Days 31 / Nights 30**

Price

**28 610 USD**









## **Why go there?**

The most accessible Eight-thousander (8163m) of Nepal, the eighth by height. Stands in the Gorkha massif, about 40 miles east of Annapurna, which is the tenth one. The name can be translates from Sanskrit as "the mountain of spirit" Due to very long approaches the ascent used to take much longer than the other Eight-thousanders, but on our expedition we use a helicopter and can do it in 30 days. The first ascent was done in 1953 by the ladies' ever first expedition climbing an Eight-thousander. It was from Japan.

We offer a Manaslu climb with a helicopter flight to BC, 1 high altitude Sherpa for 1 member and 4 bottles of oxygen for each member.



## **Itinerary**

### **Day 1**

Arrival in Kathmandu. Transfer to the hotel. Overnight in Yak and Yeti

### **Day 2**

Flight to Samagaon village (3800m). Overnight.

### **Day 3**

Acclimatization in Samagaon village (3800m). Overnight.

### **Day 4**

Acclimatization in Samagaon village (3800m). Overnight.

### **Day 5**

Trek to Manaslu Base Camp. (4700m).

### **Day 6**

Rest at Manaslu Base Camp (4700m).

### **Day 7**

Trek to Camp 1 (5700m).

### **Day 8**

Descent to Manaslu Base Camp. (4700m).

### **Day 9**

Rest at Manaslu Base Camp (4700m).

### **Day 10**

Rest at Manaslu Base Camp (4700m).

### **Day 11**

Trek to Camp 1 (5700m).

### **Day 12**

Trek to Camp 2 (6400m).

### **Day 13**

Descent to Manaslu Base Camp. (4700m).

### **Day 14**

Rest at Manaslu Base Camp (4700m).

### **Day 15**

Rest at Manaslu Base Camp (4700m).

### **Day 16**

Rest at Manaslu Base Camp (4700m).

### **Day 17**

Trek to Camp 1 (5700m).

### **Day 18**

Ascent to Camp 3 (6800m) through Camp 2 (6400m).

### **Day 19**

Ascent to Camp 4 (7400m).

### **Day 20**

Climbing Msnaslu (8156m) and descent to Manaslu Base Camp (4700m).

### **Day 21**

Reserve day

### **Day 22**

Reserve day

### **Day 23**

Reserve day

### **Day 24**

Descent to Samagaon village (3800m). Overnight.

### **Day 25**

Flight to Kathmandu. Overnight at the hotel.

### **Day 26**

Departure home.



## Dates

### 2024:

September **05** - October **05** ( Volodin Victor )



## Price includes

Experienced expedition leader (Everest summitter) from "7 Summits Club"

High-altitude porters (Sherpas) - 1 for 1 member

\*\* Sherpas establish public camps and carry common goods at the height above 6400 m, and also accompanies the member of expedition during the days of storming the peaks from the upper assault camp to the top.

- Nepalese liaison officer
- Nepalese cooks
- Nepalese kitchen-boys
- Climbing permit
- Meeting and seeing off at all necessary points of the route
- Transfers in Katmandu according to the program
- Bus and truck for the loads and helicopter for the team to fly to/from BC
- Yak&Yeti Hotel (5 stars, BB, single rooms) in Kathmandu for 1 nights before and 1 nights after expedition
- Lodges when trekking
- Food when climbing: meals in BC and ABC, food-stuffs higher
- Tents for BC and high camps
- Kitchen with necessary equipment in BC, chairs and tableware
- Fuel for BC and ABC
- 1 electric generator
- First aid kits
- Gas bottles (250gr) for stoves for high camps
- Gas stoves
- Walkie-talkies: 1 for 2 members
- Ropes
- Ice screws
- Oxygen set: mask + regulator – 1 item per climber (for ascent only)
- Oxygen bottles – 4 items per climber
- Team jacket windblock (or fleece)
- Team T-shirt
- Baseball cap





### **Price does not include**

- Extra nights in hotel in Kathmandu
- Flight to Kathmandu
- Personal equipment for the ascent
- Lunches and dinners in Kathmandu
- Personal travel, medical and rescue insurance - obligatory!
- Nepalese tourist visa
- Airport taxes in Kathmandu
- Tips for supporting staff
- Cost of eventual rescue operations
- Personal Sherpa
- Extra oxygen bottles (on request only)

Summit Bonus for Sherpa (1500 - 2000 USD)





## **Good advice**

Climbing is a potentially dangerous pastime, high-altitude climbing is dangerous at all times. There can be no possible guarantee of your success and safety at the altitudes above BC and especially above 7000 and 8000m. So we strongly recommend you to hire a personal high altitude Sherpa guide-porter, especially if you do not have any experience in high-altitude climbing. This will increase immensely your safety and chances of summiting.

On buying this programme you get 21% discount on buying your climbing gear. Details are here



## **F.A.Q.**

### **Tips guidelines (important information!)**

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours. You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours. 10-20 USD per day is expected as the normal amount of tips for the Guides and the staff of the program. If you liked everything about the trip, please don't forget to thank them. You can give the tips directly to the Main Guide and he will distribute it among the staff.

### **Necessary travel papers (documents)**

Valid passport  
Climbing insurance  
Special permission for climbing in Tibet

### **By air and by land**

Transport before the Base Camp:

Meeting and seeing off at the airport  
All transfers to Kathmandu  
Bus, truck and Helicopter for participants to and from Base camp  
Minibus for the mountaineering team, truck for Luggage and staff

Transporting cargo above Base Camp:

Yaks carry cargo, 1 Yak of personal luggage of each member of the expedition  
Yaks also carry all public and personal equipment of the expedition.



High-altitude porters (Sherpas) carry all public equipment of the expedition above the ABC. They help set up high-altitude camps and bring all tents, sleeping bags, mats, food, gas cylinders, gas stoves, dishes, snow shovels and ropes.

### **Accommodation**

Hotel "Yak & Yeti" 5\* BB in Kathmandu for 1 night at the beginning and 1 night at the end of the expedition, in single rooms

In BC and ABC-1 tent for 1 person.

High-altitude camps - 1 tent for 2-3 people.

### **Meals**

Breakfasts in Kathmandu (lunch and dinner not included)

Meals in the mountains and on trekking - 3 times a day

Meals in BC - 3 times a day. Nepalese cooks cook on gas stoves in special tents-kitchens. You can also get any amount of hot water and boiled water to drink here.

We eat in spacious dining tents equipped with tables and chairs.

Food for climbing - we provide special high-altitude products. Food is prepared by participants in high-altitude camps (above ABC) together with Sherpas on gas burners.

### **Staff**

Nepalese liaison officer

The chef from Nepal

Kitchen workers from Nepal

High-altitude Sherpas - 1 per 1 member of the expedition

### **Health and medical insurance**

We provide the necessary first aid kit for medical care. But we also recommend that you bring your own first-aid kit with specific medicines. Attention! A necessary condition for participation in the expedition is that the participant has special climbing medical insurance.

### **Weather**

The weather in autumn is favorable for climbing Manaslu.

### **Extra expenses**

Lunches and Dinners in Kathmandu

Extra nights at Kathmandu

Tips for Nepalese kitchen staff - usually \$ 200

## **Personal gear**

Technical Equipment for the ascent:

Crampons (e.g. Grivel G12)  
Rucksack 70-80 liters  
Rucksack 35-40 liters  
Harness  
Prussiks  
Karabiners with screwgate lockers - 3 items  
Jumar (ascender)  
Telescope ski poles  
Thermos  
Rappel device  
Ice Axe  
Head lamp  
Photo camera  
Video camera and assessors  
Accumulators  
Personal crockery for high camps  
Sleeping bag extreme -40C  
Equipment for body and feet:

Trekking shoes  
Boots of "Everest" Millet type  
Down jacket + down trousers (or down overalls)  
Gore-tex jacket with wide hood  
Gore-tex trousers (better semi-overalls)  
Windblock jacket  
Windblock trousers  
Jacket "Polartec - 100" - 2 items  
Warm underwear - 2 sets  
Personal underwear  
Polartec gloves – 2 pairs  
Thinsulate gloves  
Thinsulate mittens - 2 pairs  
Warm woolen socks - 4-5 pairs  
Balaclava  
Warm hat  
Windblock face mask  
UV glasses  
Ski goggles (preferably)  
Gaiters







## Contact the manager



Write to WhatsApp



Write to Telegram

or by phone

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